



SUNDAY MAY 5, 2024

SAND ISLAND PIER (HEALANI CANOE CLUB SITE)

REGISTRATION: 7:00 a.m. - 8:00 a.m.

\$60 for KEIKI CREWS

\$150 for JUNIOR CREWS

\$180 for ADULT CREWS

KEIKI COURSE

1 MILE - START TIME: 8:30 a.m.

DIVISIONS:

KEIKI

10u | 14u | KAPAKAHI CREW
(any age and gender)

SHORT COURSE

7 MILES - START TIME: 9:00 a.m.

DIVISIONS:

WOMEN / MEN / MIX

JR (15-18) | NOVICE | 60 | 70

LONG COURSE

9 MILES - START TIME: 30 MINS AFTER SHORT COURSE ENDS

DIVISIONS:

WOMEN / MEN

OPEN | 40 | 50 | UNLIMITED
(open only)

MIX

OPEN | 40 | 50 | UNLIMITED
(open only)

- Awards for top 3 finishers -
- Crew gift guaranteed for the first 40 Jr/Adult entries -
- Bento lunch and drink to follow for all participating paddlers -



For more info or additional questions, please contact
Kapuni Patcho at (808) 690-4643 or email healanicanoeclub@gmail.com