

DUKE KAHANAMOKU LONG DISTANCE CANOE RACE



LANIKAI CANOE CLUB



Kaneohe side of Ka'elepulu river mouth. Crews need to paddle their extra paddlers and belongings out to the escort boats.

- Canoes must have their racing number sock displayed on the canoe and secured with duct tape. Racing number socks or stickers will be distributed on Sunday morning, 8/19/18, at 7am-8am at Lanikai CC registration tent. Unlimited canoes will be given 2 stickers for the front of the canoe.
- Canoes must have a canvas cover-absolutely no exceptions.
- Crew Requirements:
 - Open, Master 40's, Master 50's, Junior & Unlimited crews consist of nine (9) paddlers.
 - Master 55's & Master 65's crews consist of twelve (12) paddlers.
- After the race is completed, one member from the crew **MUST** return the racing number sock to the Lanikai CC registration tent to receive lunch, drinks, snacks and race participation merchandise. If it is an Unlimited canoe with racing sticker, tell the registration table personnel the number of the canoe.

COURSE: Lemans Start (4 men in the boat & 2 men outside of the boat) with 3 Heats

- **1st Heat:** #41 and Higher (Spec canoes) Green & White Racing Sock
- **2nd Heat:** #1 - #20 (Spec Canoes-2017 Top 20 Finishers) Green & White Racing Sock
- **3rd Heat:** #21 - #40 (Unlimited canoes) Yellow & Black Sticker
- Canoes line up on the beach with 4 paddlers in the canoe & 2 paddlers holding the canoe.
- Start: The official boat will raise the yellow flag- race will start within 1 minute. HORN TO START FOR PADDLERS TO RUN TO CANOE AND GO.
- Paddle out to sea, keeping Flat Island to the right.
- Pass Flat Island, turn right and head Smiths Point. First change after Smith's Point.
- Continue through until Hilton Hawaiian Village pier. Crews DO NOT need to go around Diamond Head buoy.

AWARDS: Approximately 30 minutes after last canoe finishes at Hilton Hawaiian Village

- Individual medals for 1st, 2nd, and 3rd place finishers in each division
- Lunch, fruits, snacks and drinks provided for each crew member (Racing number sock must be returned to Lanikai CC registration tent. If it is an Unlimited canoe with racing sticker, tell the registration table personnel the number of the canoe)
- Duke Race shirts for each crew member.