

# 11TH Annual Malama Pono 'Ia Kawele'a

Taking It back to Where it All Began

## Saturday March 30, 2024

**Long Course: Maunalua Bay to Ala Moana / Short Course: Ala Moana**

**All Proceeds Go to Keola O Ke Kai Youth Program (501c3 Non-Profit) for the maintenance of our Pride & Joy's Kawele'a & 'Iwalaniokamana'opono!**



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**Crew Cost OC-6/Unlimited: \$180**

**Long Course: 830am Start Maunalua Bay to Ala Moana**

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* Unlimited Wahine	* Unlimited Kane	*Unlimited Mix	* Open Kane	* Kane 40	* Kane 50
*Open Mix	*Unlimited Jr. Mix	* Mix 40	*Open Wahine	* Wahine 40	* Kane 60

**Short Course: Starts at 30 minutes after the last canoe from Long Course**

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* Kane Novice	* Wahine Novice	* Mix Novice	* Mix Jr. 15-18	* Kane Jr. 15-18	* Wahine Jr. 15-18
* Wahine 60	* Wahine 50	* Mix 45	* Mix 55	* Mix 65	

**Keiki Course: Starts at 30 minutes after the last canoe from Short Course**

**1/2 mile straight away in the Ala Moana Channel \$60 per crew**

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*Kane 10-12 years old	*Wahine 10-12 years old
*Kane 10-14 years old	*Wahine 10-14 years old

**Gino Dayton: 808-306-9461 or Email: Keolaokekai18@gmail.com**

**Mahalo for Supporting the Youth Program of  
Keola O Ke Kai Canoe Club**