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# DUKE KAHANAMOKU

## WOMEN & MEN'S DISTANCE RACES 2024



*Hosted by*

**LANIKAI CANOE CLUB**

In honor of long-time  
Lanikai Canoe Club coach

**GALE BERENGUE**



### WOMEN'S RACE

Saturday, August 17, 2024

**Kailua Bay Triangle - Course TBD**

Approx. 10 mile iron race

**Entry Fee - \$210 per crew**

#### RACE CATEGORIES

Junior, Open, Unlimited (Open Only),  
Koa, Master 40's, 50's, 55's & 60's

\*Unlimited start 30 min after Spec Wa'a\*

### MEN'S RACE

Sunday, August 18, 2024

**Kailua Beach to Hilton Hawaiian  
Village Pier**

**Entry Fee - \$550 per crew**

#### RACE CATEGORIES

**9 person crews** - Junior, Open, Unlimited  
(Open Only), Koa, Master 40's & 50's  
**12 person crews** - Master 55's & 65's

\*Spec Wa'a starts in 2 heats; Unlimited start 30 min  
after 2nd Spec Wa'a heat\*

CANVAS REQUIRED

NO DAY OF REGISTRATION

FOOD & AWARDS TO FOLLOW!

Escort boats for men's race

email forms to [info@ohcra.com](mailto:info@ohcra.com)

**RACE DAY CHECK IN**

6:30 AM - 7:30 AM

**COACHES MEETING**

8:00 AM

**RACE START**

8:30 AM

**More information at**

[ohcra.com](http://ohcra.com)

**Register at**

[hcrapaddler.com](http://hcrapaddler.com)